

Canadian Hockey Academy

March Break Holiday Camp (Schedule) *March 15th – 17th [Orleans Rec. Complex]*

Thank you for registering your son/daughter to our holiday skills camp. Please take note that this camp is designed as a skills acquisition camp not a conditioning camp. As such the pace and teaching methodology will be geared accordingly. We will attempt to group all participants according to age and skill level. Our holiday camp services a much smaller group of kids and our ability to group the players is limited. Players are asked to have their full hockey equipment for all sessions. Those who will spend the day will need to bring a lunch and a change of clothing for off the ice. Each ice session is 2 hours in duration. Those players needing to be dropped prior to 9:30 am can be dropped off without any problems. Please do not hesitate to contact one of our staff should you have any concerns or questions.

Goaltending Class

Arrive at 8:00 am
Depart at 3:30 pm

Power Skating Class

Arrive at 8:00 am
Depart at 10:30 am*

Shooting Camp

Arrive at 9:30 am
Depart at 12:30 pm*

Stickhandling Class

Arrive at 1:00 pm
Depart at 3:30 pm

*Those registered in the full day camp the program ends at 3:30 pm

Camp Staff

Off-Ice Coordinator	Ron Schiavo
On-Ice Coordinator	Mark Degras
Goalie Instructors	Luc Proulx